

# RECYCLING

## ACCEPTABLE RECYCLING MATERIALS



**NEWSPAPERS**  
**MAGAZINES**  
**CATALOGS**  
**PHONE BOOKS**

Include ads, inserts, postcards and miscellaneous paper.



**CARDBOARD**

Flatten cardboard boxes.

**MILK CARTONS**  
**DRINK BOXES**

Rinse to remove food particles.



**SCRAP AND SHREDDED PAPER**

Scrap paper includes: junk mail, envelopes, office paper, greeting cards, paper egg cartons, paper tubes, wrapping paper and cereal boxes. Place shredded paper into paper bags.



**PLASTIC TUBS AND BOTTLES**

Tubs include: yogurt-type containers (6 ounces or larger), rigid plant pots (4 inches or larger) and buckets (5 gallons or smaller).  
Bottles (6 ounces or larger) have a neck that is smaller than the base.  
Rinse containers.

**METAL CANS**

Cans include: aluminum, tin and steel food cans and empty, dry, metal paint cans. Rinse food cans to remove food particles. Place metal lids inside cans and crimp closed.



**AEROSOL CANS**

Cans must be empty.

**ALUMINUM FOIL**

Remove food from foil. Crumple into loosely-packed balls.



**SCRAP METAL**

Include scrap metal that is smaller than 30 inches in any direction and less than 30 pounds.



For more information, contact  
**Mid Valley Disposal at (559)237-9425, or**  
visit us at [www.midvalleydisposal.com](http://www.midvalleydisposal.com)

